

Intro to Accordion Sewn HSTs™

Beth Helfter, EvaPaige Quilt Designs

Class Description: In this three hour workshop, you will learn the basics of Accordion Sewn HSTs™, the innovative and incredibly fun method of making HSTs invented by Beth Helfter of EvaPaige Quilt Designs. We will practice with fabric scraps, then create a quilt block.

SUPPLY LIST

Practice squares – 8 2 ½" squares of any fabrics; please be sure all 8 are DIFFERENT from each other. These are for practice only and can be hideous. It really doesn't matter. This is about practice, not beauty.

Supplies for actual project

- Fat quarter of background fabric
- Eight scraps, all different fabrics (You might want these to be more attractive than your practice squares)

A note on scrap fabric selection: These fabrics are going to be for your star (shown above). You'll want to choose eight different fabrics. Options people seem to like:

- Four light, four dark
- Four fabrics of one color, four of another color
- Theme – 8 polka dot fabrics, 8 novelty, etc
- 8 different of one color
- Rainbow

Anything goes, just make sure you choose eight different fabrics

CUTTING HOMEWORK!

From background:

- Cut 4 3 ½" squares
- Cut 4 3" squares
- Cut 4 2 1/2" x 8 1/2" rectangles
- Cut 4 2 1/2" squares

From **EACH** print scrap:

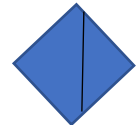
- Cut 2 3 ½" squares

You will have a total of 16 squares, 2 each of 8 fabrics.



One last thing!

I recommend drawing a line **1/4" to the right of the diagonal** on the **wrong side** of all 3 1/2" squares, background and scrap.



Other items to have ready:

- Piecing thread
- Full bobbins
- One safety pin
- If you own the Clearly Perfect Slotted Trimmers they are perfect for this project. If not, a small square ruler for trimming.
- Cutting mat
- Rotary cutter
- Basic sewing supplies (snips, scissors, pins, extra machine needles,.... you know the drill)
- Iron
- Sewing machine with instruction book