

2 pieces of pre-washed cotton fabric -15 x 12*
4 oz. new Poly-fil

Stitch & Chat Breast Surgery Pillow

Cut two on fold.* Sew both sides using 1/2" seam allowance. Leave a 4" opening on one side. Clip curves and turn inside out. (Tip: fold and press seam allowance at opening before turning for easier hand sewing). Stuff with 4 ounces of new Poly-fil. Stitch opening closed.

*Option- or add a seam allowance to fold line and sew a center seam) Need 4 pieces (2 reversed) 8 x 12.

1" Square to check print scale

